

Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Division Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease

January 16, 2019

New Staff in the Chronic Disease Prevention and Health Promotion

No new staff

Staffing Matrix for Chronic Disease Prevention and Health Promotion - CCHHS

- Sarah Johnson, FT, and Vicky Chandler, PT, are funded with grants received from Sexual Risk Avoidance Education (SRAE) Program and Personal Responsibility Education Program (PREP) through DPBH.
- Toni Orr is 100% grant funded from the Tobacco CDC Core grant, Funds for Healthy Nevada grant and a Public Health Preparedness grant through DPBH.
- Diabetes Funding – \$12,000/year (MOU from Dignity Health – through DPBH) – Portion of Part Time Public Health Nurse – Celeste Pierini.
- Frances Ashley is 100% grant funded through the Ryan White – Retention in Care Project, which is grant funded from the Ryan White HIV/AIDS Program – Part B Program.

Programming

Adolescent Health – Sarah Johnson - FT/Vicky Chandler – PT

- Staff completed the Abstinence curriculum (at Bishop Manogue High School and Carson City High School.
- Staff completed the comprehensive curriculum (PREP) at Western Nevada Regional Youth Center and Virginia City Middle School.
- Staff has conducted sexual health outreach presentations for Dayton High School Health classes, Carson Juvenile Detention, and China Springs Youth Camp.
- Families Talking Together (SRAE) has conducted presentations for the CCHHS Work Force Program.
- Staff did a Positive Youth Development Project which was an Art Contest. The winning art is displayed in CCHHS Clinic Lobby. The Eagle Valley Middle School Leadership group facilitated the contest.

Diabetes Prevention and Control Program – Celeste Pierini

- Staff had a discussion with Syndi Skilling, at Carson Tahoe Hospital (CTH) on their needs as they are the only CDC-recognized DPP/DSME provider in Carson City Health and Human Services' (CCHHS) jurisdiction. Staff will collaborate with Syndi on providing more media/advertising of their services to those who reside in our jurisdiction.
- Staff had a discussion with CTH on working with them to expand their outreach to rural areas within our jurisdiction. Barriers will be addressed which were identified on the Healthcare Provider Survey disseminated last grant cycle. A barrier identified was access to Diabetes Prevention and Management courses. Telehealth connectivity resources will be offered to CTH after they meet to discuss their immediate needs.
- Staff has made Initial contact with Project ECHO (University of Nevada Reno) to discuss locating a PowerPoint presentation online for Pharmacists to learn more about the benefits of Medical



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Nutrition Therapy (MNT) and is waiting for a response from Project ECHO after it was stated that they need to do more research.

- Staff will be at Carson Valley Community Food Closet (CVCFC) new facility conducting prediabetes screening on January 19, 2020.
- Staff will be at the International Chapter of Footprinter's Association – Carson Valley Chapter, who are a group of primarily senior citizens, on February 20, 2020 to give a presentation on diabetes and prediabetes as well as conduct prediabetes screening.
- A survey is being drafted in which CCHHS will contact Pharmacists within our jurisdiction to ascertain their knowledge as well as interest in conducting MNT with their clients. Throughout January – February 2020 this survey will be conducted within all three jurisdictions of CCHHS.

Ryan White Retention in Care Project – Frances Ashley

- Applied for a Ryan White grant for 2020-2022.
- Staff conducted a presentation for the State of Nevada Ryan White Program and sub grantees about Carson City Health and Human Services including the Ryan White Retention In Care program.
- Staff contacted clients statewide for open enrollment for Nevada-based Insurance plans – Statewide. Two hundred Ryan White clients were successfully enrolled.
- A World AIDS Day article was written and published in the Nevada Appeal.
- Staff participated in the World AIDS Day Event on November 23, 2019 in Reno and provided education and information to attendees.
- Staff successfully contacted 109 unduplicated clients during the period of July – September 2019. Client Viral Suppression for the same time period was 91% of the 95 clients who had labs drawn.

Tobacco Prevention and Control Program – Toni Orr/Part time contract position - Vacant

- Kick Butt's Day was held on Western Nevada College's campus. Staff collaborated with WNC and provided Quitline information and educated individuals about the dangers of smoking and vaping.
- Vaping presentations to educated youth and educators about e-cigarette use have been given to Douglas County High School Health classes, Dayton High School Health classes, and Health Teachers Conference for area health teachers.
- Staff continued to distribute Quitline packages to the area dentists.
- Staff assisted the University of Colorado, in getting individuals for a focus group held at CCHHS. This is a research study being conducted for National Jewish Health to better understand what initiatives, policies, etc. drive rural tobacco users to utilize state Quitlines.
- Staff and Director are planning for the SB263 funding.
- Through social media and the website, started the Breathe Campaign.
- Staff continues to participate on the WNC Healthy Campus and Environment Committee. This Committee is responsible for keeping WNC 100% smoke free campuses.
- Staff is actively participating on NTPC general, board and policy groups.



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Other Programming within the Health Department Relating to Chronic Diseases

Community Health Worker (CHW) Program – Human Services

- A second Community Health Worker has been hired in Human Services to assist CCHHS' clients that have medical/social needs or other barriers that need to be overcome in order for the client to be successful in housing programs.
- One of the CHWs continues to be a member of the Carson City's Forensic Assessment Services Triage Team (FASTT) and goes into the jail every Tuesday. The CHW inputs information into a database and follows up with individuals released from jail to assist them get their medical and social needs met.

Comprehensive Cancer Control Program- Clinical Services

- The Title X Clinic conducts pap smears, breast exams, and colposcopies. The family planning clinic is open Monday – Wednesday and Friday. Women are also signed up with Women's Health Connection when eligible.

Other Health Department News

- The Health Department is preparing for re-accreditation which is due April 2021.
- The Health Department's Strategic Plan is nearly complete.
- The Community Health Improvement Plan (CHIP) priorities are:
 - Access to Healthcare;
 - Behavioral Health -
 - Affordable Housing/Transitional Housing
 - Triage
 - Case Management/Discharge Planning
 - Youth
 - Criminal Justice Collaboration
 - Public Awareness;
 - General Workforce; and
 - Nutrition – Food Insecurity and Access.

Each priority subcommittee continues to work on objectives set by the committee.

An evaluation mechanism is being developed to monitor progress on the CHIP objectives.

